

International Office, LTH

## **General syllabus for third-cycle studies in Food and Formulation Engineering TEKLFF01**

The syllabus was approved by the Board of the Faculty of Engineering/LTH 12 June 2017 and most recently amended 23 April 2025 (reg. no U 2025/327).

### **1. Subject description**

The subject covers experimental and theoretical studies based on science and engineering aiming to address issues of relevance to the food industry, the pharmaceutical industry and adjacent business sectors, and systems aspects of the production and consumption of food in society.

Research in the area may comprise: mapping of the properties of raw materials, principles for the development of methods and formulations, consequences of consumption and the creation of active properties of health promotion. Further topics of research include changes taking place during processes, the engineering knowledge required to design and optimise equipment, processes and systems taking the environment, security and economics into account, and the connections between structure, chemistry and processing and consumer experiences of quality.

The subject deals with interdisciplinary issues of major significance to the development of the industry and to the health and environment of people, placing special demands on the programme. Therefore, the

third-cycle programme in food and formulation engineering is to highlight one or several of the main aspects of the subject, i.e. products, processes and people.

### **1.1 Research focusing on products:**

Food technology, food chemistry and formulation are fields addressing the chemical description of molecular and colloidal properties and highlighting the links between biological processes, structures and qualitative properties in complex systems such as food, pharmaceuticals and consumption habits.

### **1.2 Research focusing on processes:**

Food engineering and dairy technology cover the engineering skills within modelling, hydrodynamics, heat and mass transfer, optimisation and function assessment required to design and optimise unit operations, processes and technical systems for food production. Dairy technology also deals with the functional properties of the milk system and its process impact in the dairy industry.

### **1.3 Research focusing on people:**

Nutrition is concerned with people and food, the impact of individual food components, food or diets on digestion, the consequences and mechanisms of over- and undernutrition, and other physiological functions of importance to consumer health. Health effects are studied in relation to the chemical and physical properties of food. Food hygiene, focusing on the relationship between people and microorganisms, deals with the benefits and risks of microorganisms that grow spontaneously or are deliberately added to or cultivated in food.

Depending on the individual doctoral student's profile and specialisation within the areas specified above, the course component of the programme can be designed in different ways.

## 2. Objective of third-cycle studies at LTH

The Board of LTH established the following objective for third-cycle studies on 15 February 2007.

The overall objective of third-cycle studies at LTH is to contribute to social development and prosperity by meeting the needs of business and industry, academia and wider society for staff with third-cycle qualifications. LTH shall primarily provide education leading to a PhD or licentiate in the fields of LTH's professional degrees. The programmes are first and foremost intended for the further training of engineers and architects. The programmes are designed to encourage personal development and the individual's unique qualities.

Third-cycle graduates from LTH shall demonstrate:

- proficiency in research theories and methods and in a critical, scientific approach
- both breadth and depth of knowledge within the subject of his or her third-cycle studies

The programmes aim to develop:

- creativity and independence with the ability to formulate advanced research issues, solve problems and plan, carry out and evaluate projects within a set time frame
- openness to change
- personal networks, both national and international
- social skills and communication skills
- teaching ability
- innovation skills, leadership and entrepreneurship

In order to enable students to achieve these skills and abilities, LTH provides:

- high-quality supervision and good conditions for study in a creative environment
- a good balance between basic and applied research, with openness to wider society

- a range of advanced third-cycle courses at both departmental and faculty level
- a good balance between courses and thesis work
- opportunities to present research findings at national and international conferences and in internationally recognised journals, or by another equivalent method which leads to wide exposure and circulation
- opportunities to spend time in international research environments for short or extended periods

### 3. Learning outcomes for third-cycle studies

The learning outcomes for third-cycle studies are given in the Higher Education Ordinance.

#### 3.1 Licentiate

##### *Knowledge and understanding*

For a Licentiate the third-cycle student shall:

- demonstrate knowledge and understanding in the field of research including current specialist knowledge in a limited area of this field as well as specialised knowledge of research methodology in general and the methods of the specific field of research in particular

##### *Competence and skills*

For a Licentiate the third-cycle student shall:

- demonstrate the ability to identify and formulate issues with scholarly precision critically, autonomously and creatively, and to plan and use appropriate methods to undertake a limited piece of research and other qualified tasks within predetermined time frames in order to contribute to the formation of knowledge as well as to evaluate this work
- demonstrate the ability in both national and international contexts to present and discuss research and research findings in speech

and writing and in dialogue with the academic community and society in general

- demonstrate the skills required to participate autonomously in research and development work and to work autonomously in some other qualified capacity.

### ***Judgement and approach***

For a Licentiate the third-cycle student shall:

- demonstrate the ability to make assessments of ethical aspects of his or her own research
- demonstrate insight into the possibilities and limitations of research, its role in society and the responsibility of the individual for how it is used
- demonstrate the ability to identify the personal need for further knowledge and take responsibility for his or her ongoing learning

## **3.2 Doctor of Philosophy**

### ***Knowledge and understanding***

For the degree of Doctor of Philosophy the third-cycle student shall:

- demonstrate broad knowledge and systematic understanding of the research field as well as advanced and up-to-date specialised knowledge in a limited area of this field
- demonstrate familiarity with research methodology in general and the methods of the specific field of research in particular

### ***Competence and skills***

For the degree of Doctor of Philosophy the third-cycle student shall:

- demonstrate the capacity for scholarly analysis and synthesis as well to review and assess new and complex phenomena, issues and situations autonomously and critically
- demonstrate the ability to identify and formulate issues with scholarly precision critically, autonomously and creatively, and to plan and use appropriate methods to undertake research and other

qualified tasks within predetermined time frames and to review and evaluate such work

- demonstrate through a thesis the ability to make a significant contribution to the formation of knowledge through his or her own research
- demonstrate the ability in both national and international contexts to present and discuss research and research findings authoritatively in speech and writing and in dialogue with the academic community and society in general
- demonstrate the ability to identify the need for further knowledge
- demonstrate the capacity to contribute to social development and support the learning of others both through research and education and in some other qualified professional capacity

### ***Judgement and approach***

For the degree of Doctor of Philosophy the third-cycle student shall:

- demonstrate intellectual autonomy and disciplinary rectitude as well as the ability to make assessments of research ethics
- demonstrate specialised insight into the possibilities and limitations of research, its role in society and the responsibility of the individual for how it is used

### ***Midway Review***

A midway review, with the aim of reviewing the doctoral student's education in relation to the learning outcomes for the degree in the Higher Education Ordinance, is to be implemented at least once during the doctoral student's programme for all doctoral students whose education is to conclude with a doctoral degree.

## **4. General and specific admission requirements**

### **4.1 General admission requirements**

A person meets the general admission requirements for third-cycle courses and study programmes if he or she:

- has been awarded a second-cycle qualification,
- has satisfied the requirements for courses comprising at least 240 credits of which at least 60 credits were awarded in the second cycle, or
- has acquired substantially equivalent knowledge in some other way in Sweden or abroad.

The higher education institution may permit an exemption from the general entry requirements for an individual applicant, if there are special grounds.

#### **4.2 Specific admission requirements**

A person meets the specific admission requirements if he or she has

- at least 30 credits awarded in the second cycle relevant to the subject area

Finally, the student must be judged to have the potential to complete the programme.

Exemptions from the admission requirements may be granted by the dean of LTH.

### **5. Selection**

Selection for third-cycle studies is based on the student's potential to profit from such studies.

The assessment of potential in accordance with the first paragraph is made primarily on the basis of academic results from the first and second cycle. Special attention is paid to the following:

- Knowledge and skills relevant to the thesis project and the subject of study. These may be demonstrated through documents appended to the application and at a possible interview.
- An assessment of ability to work independently and to formulate and tackle research problems. The assessment could be made on

the basis of the student's degree project and a discussion of this at a possible interview.

- Written and oral communication skills
- Other experience relevant to the third-cycle studies, e.g. professional experience.

## 6. Degree requirements

Third-cycle studies lead to a PhD or, if the student wishes or if it has been specified in the decision on admission, to a licentiate. The student also has the right to complete a licentiate as a stage in his or her third-cycle studies, but is not obliged to do so.

The requirements for a licentiate are

- passed courses of 30 credits, and
- a passed thesis of a scope corresponding to studies of 90 credits

The thesis and courses shall comprise at least 120 credits in total.

The requirements for a PhD are

- passed courses of 60 credits, and
- a passed thesis of a scope corresponding to studies of 180 credits

The thesis and courses shall comprise at least 240 credits in total.

### 6.1 Degrees awarded

The programme can lead to the following degrees:

- *Teknologie licentiatexamen*/Licentiate in Engineering
- *Teknologie doktorsexamen*/Doctor of Philosophy in Engineering

or:

- *Filosofie licentiatexamen*/Licentiate of Philosophy
- *Filosofie doktorsexamen*/Doctor of Philosophy

## 7. Course component

The programme is to include courses. For each course, an examiner shall be appointed at the department that delivers the course. Each course must have an established syllabus which, among other things, states the course title in Swedish and English, the learning outcomes of the course, the course content and the number of credits.

The course component consists of elective courses and courses that are compulsory for the relevant subject and research area.

The individual study plan is to include details of which courses the individual student shall or may include in his or her studies and how many credits for each course may be included in the degree. Courses taken at other faculties or higher education institutions may also be included in the study plan.

It is compulsory to participate in and pass the course Introductory Workshop for Newly Admitted Doctoral Students at LTH (*Introduktionskurs för nyantagna doktorander vid LTH*) GEM056F or the equivalent.

It is also compulsory to attend and earn a Pass grade on the course Research Ethics, GEM090F.

## 8. Thesis

The programme shall include a research project documented in a licentiate or doctoral thesis.

## 9. Other rules and regulations

It is recommended that the doctoral student is to undergo a midway review when he or she has been awarded 60 credits and before 180 credits have been awarded. Rules for the midway review are to be issued by the departmental board. A licentiate degree can replace the midway review.

## 10. Transitional provisions

For doctoral students with an admission date of 1 January 2019 or later, it is compulsory to participate in and pass the course Introductory Workshop for Newly Admitted Doctoral Students at LTH (*Introduktionskurs för nyantagna doktorander vid LTH*) GEM056F or the equivalent in order to fulfil the requirements for the degree.

For doctoral students admitted on or after 1 January 2021, it is compulsory to attend and earn a Pass grade on the course Research Ethics, GEM090F.

The midway review is compulsory for doctoral students admitted on or after 1 January 2019.